

# Mindful Nutrition Counseling Policies:

We are truly delighted that you have chosen Mindful Nutrition Counseling and want to respect your time/schedule and maintain the appointments of every client in the same manner. Please note the following policies of our practice:

- We do not double-book any appointments, therefore your scheduled time is dedicated specifically for you.
- Please plan for traffic patterns, road construction delays, and numerous traffic lights to arrive at your appointment on time. All of our appointments are very important to us – we'll plan to keep our appointment promptly on schedule and kindly ask that you respect this policy. Unfortunately, we may not be able to see clients that arrive late to their appointments.

Mindful Nutrition maintains a 24-hour cancellation policy.

- Please change or cancel all appointments within a full 24-hours before your scheduled session. There will be a \$25 fee for inability to cancel within 24-hours
- No-show to your appointment will result in fee of the entire session, due prior to scheduling your next counseling session.
- Exceptions are handled on a case-by-case basis.

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

Patient Written Acknowledgement Confirming Receipt of Privacy Notice

I have received Mindful Nutrition Counseling's HIPAA Privacy Notice.

\_\_\_\_\_ (Client's signature)

\_\_\_\_\_ (date)